



Introduction to *Motivational Interviewing* Workshop

Date:
April 29 - 30, 2010

Time:
8:00 a.m.-5:00 p.m.

Questions?
Please contact Pat Mize
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Introduction to Motivational Interviewing Workshop

An overview of the MI technique will be presented along with underlying assumptions and basic principles. Basic skills will be practiced with ample opportunity for group interaction and skills acquisition.

Prerequisites:
None.

Objectives:

- Gain an understanding of principles behind effective behavior change efforts.
- Be able to demonstrate the spirit and basic techniques of MI.
- Identify specific ways that s/he may change current techniques during client interactions.

PLUS Option:

The PLUS Option gives practitioners hands-on practice with a MINT trainer. Research shows the importance of coaching and/or feedback following a workshop to prevent relapse and foster continued development of MI skillfulness. The PLUS Option includes three follow-up phone sessions (30 minutes each) with a MINT trainer over a three-month period. For more information see the PLUS Option.

Continuing Education Credits

The workshop is equivalent to 15 CE credits through the OHSU School of Nursing which is authorized by the California Board of Registered Nursing (CBRN).

Registration

Early registration \$350 (by April 16).
Late registration \$400 (after April 16).
*Plus Option is an additional \$250.
**CE credits are an additional \$25.

Registration fee includes: continental breakfast, buffet lunch, light snack, handouts, and a certificate of completion.

Location and Accommodations

Shilo Inn Suites Hotel
11707 NE Airport Way
Portland, OR 97220
503 252-7500
www.shiloinns.com/Oregon/portlandAP.html

Room Rate: \$89/night plus tax.
Use "Health Future" for special rate.
Limited block of rooms.
Book before April 16.

