



# Introduction to *Motivational Interviewing* Workshop

## *Date:*

Feb 24 - 25, 2011

## *Time:*

8:00 a.m.-5:00 p.m.

## *Questions?*

Please contact

Rena Satre Meloy

503 928-5954

r-satremeloy@healthfuture.org

## Introduction to Motivational Interviewing Workshop

An overview of the MI technique will be presented along with underlying assumptions and basic principles. Basic skills will be practiced with ample opportunity for group interaction and skills acquisition.

## Prerequisites:

None.

## Objectives:

- Gain an understanding of principles behind effective behavior change efforts.
- Be able to demonstrate the spirit and basic techniques of MI.
- Identify specific ways that s/he may change current techniques during client interactions.

## Continuing Education Credits

The workshop is equivalent to 15 CE credits through the OHSU School of Nursing

## Registration

Early registration \$350 (by Feb 11).

Late registration \$400 (after Feb 11).

\*\*CE credits are an additional \$25.

Registration fee includes: continental breakfast, buffet lunch, light snack, handouts, and a certificate of completion.

## Location and Accommodations

Shilo Inn Suites Hotel

11707 NE Airport Way

Portland, OR 97220

503 252-7500

[www.shiloinns.com/Oregon/portlandAP.html](http://www.shiloinns.com/Oregon/portlandAP.html)

Room Rate: \$89/night plus tax.

Use "Health Future" for special rate.

Limited block of rooms.

Book before Feb 11.

