



Advanced *Motivational Interviewing* Workshop

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New 2-day workshop

This interactive workshop will build upon basic skills (e.g., expressing empathy, rolling with resistance, exploring ambivalence, eliciting change talk) and introduce more advanced techniques. Methods for continued self-evaluation and development will be introduced and practiced.

Prerequisite:

16-hour workshop series on MI or instructor's permission.

Objectives:

- Gain an understanding of the directive nature of MI and the more advanced techniques.
- Be able to demonstrate advanced techniques in MI.
- Acquire the foundation of a skill set that will enable him/her to improve patient care and outcomes.

PLUS Option:

The PLUS Option gives practitioners hands-on practice with a MINT trainer. Research shows the importance of coaching and/or feedback following a workshop to prevent relapse and foster continued development of MI skillfulness. The PLUS Option includes three follow-up phone sessions (30 minutes each) with a MINT trainer over a three-month period. For more information see the PLUS Option.

Continuing Education Credits

The workshop is equivalent to 15 CE credits through the OHSU School of Nursing, which is authorized by the California Board of Registered Nursing (CBRN).

Registration

Early registration \$350 (by April 16).
Late registration \$400 (after April 16).
*Plus Option is an additional \$250.
**CE credits are an additional \$25.

Registration fee includes: continental breakfast, buffet lunch, light snack, handouts, and a certificate of completion,

Location and Accommodations

Shilo Inn Suites Hotel
11707 NE Airport Way
Portland, OR 97220
503 252-7500
www.shiloinns.com/Oregon/portlandAP.html

Room Rate: \$89/night plus tax.
Use "Health Future" for special rate.
Limited block of rooms.
Book before April 16.

Date:

May 3 - 4, 2010

Time:

8:00 a.m.-5:00 p.m.

Questions?

Please contact Pat Mize
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